

Adventure: Mountain Lion Meeting One

Objective Scout will Achieve:	<ul style="list-style-type: none"> • Understanding the use of the buddy system on outings • Learning what to do if he/she becomes separated from the group • Identifying the six items to take with him/her when he/she is going outdoors for an activity • Demonstrating how to be respectful of the natural environment
Characteristics Scouts will Learn:	Character development, participatory citizenship, personal fitness, outdoor skills and awareness, leadership
Materials for Virtual Meeting:	<p>-Gather items for the pick and choose game (Cub Scout Six Essentials: first-aid kit, flashlight, filled water bottle, trail food, sun protection, whistle; plus several other miscellaneous items that do not belong in the kit, such as a frisbee, small hand tools, toy, bandana, etc.</p> <p>-Whistle (for practicing the SAW principle) for each Lion</p>
Activities during meeting:	Pick and Choose game, SAW, Activity Wrap-Up
Instruction for Activity 1	<p>Pick and Choose Game: The object of the game is for your Lion to discuss and consider which six items are important for them to have when they go on an outdoor adventure. These Cub Scout 6 Essentials are: First-Aid Kit (can be a small, personal kit), flashlight (always check battery before leaving), filled water bottle, trail food (always check for allergies), sun protection, whistle. Place the 6 Essentials as well as several other items on a table. Have the Lion Scout go to the table and pick out the 6 items they think they should take with them on an outdoor activity. If they make an incorrect choice, help guide them toward making the correct choice. Once the 6 correct are chosen, tell them they need to assemble their own 6 Essentials kit to bring on the next outing.</p>
Instruction for Activity 2	<p>SAW: In the event a Lion Scout is separated from the group during an outing, he needs to know how to keep himself safe. Help your Lion learn "SAW", and have them practice so they commit it to memory.</p> <p>S = STAY put! If you move around, you make it harder for people to find you.</p> <p>A = If you hear your name being called, ANSWER!</p>

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	<p>W =Blow your WHISTLE. If you try to use your voice to call for help, you will become hoarse and no one will be able to hear you. But they can hear your whistle. Blow every so often.</p> <p>Once you have explained SAW, demonstrate the 3 SAW principles while the Lion Scout watches. Then, have your Scout practice SAW. Be aware that an emergency whistle is very loud and should never be blown near another person or at full volume when practicing.</p>
Instruction for Activity 3	Have your Lion complete the task on the Mountain Lion page of the Lion Adventure Book.
Instruction for Activity 4	
Additional Requirements needed to complete the Adventure (These requirements will not be on the Virtual Cub Scout Video):	