

Adventure: Build It Up Knock It Down

Objective Scout will Achieve:	<ul style="list-style-type: none"> • Learning that life is a series of choices • Understanding that mistakes can happen or things may not go as planned, but it is important to keep going and keep trying • It's easier to knock something or somebody down than it is to build it (him or her) up. • There are times when it's OK to knock something down • If you knock someone or something down accidentally, make sure you help build it back up
Characteristics Scouts will Learn:	Character Development
Materials for Virtual Meeting:	<ul style="list-style-type: none"> • Building materials: empty cans, cups, paper/plastic plates, toothpicks, straws, dominoes, blocks, etc • Tape • Markers • One filled water bottle and one empty water bottle • A bathroom-size cup
Activities during meeting:	Building Imagination, Bucket Brigade, Good job, Lion
Instruction for Activity 1	Building Imagination: Your Lion will use their imagination and the materials provided to “build up” and create new constructions. Using cans, boxes, cups, plats, toothpicks, straws, and other materials, your Lion should build anything he/she wishes, as tall as he/she can make it- the creation is to be free-standing. It will show how “building up” can be difficult but worthwhile.
Instruction for Activity 2	Bucket Brigade: Your Lion will work with you as a team to move water from one bottle to another, working as a bucket brigade using small bathroom-size cups.
Instruction for Activity 3	Good Job, Lion: This is an opportunity for a Lion to recognize a good trait of a fellow Lion. At the close of the meeting, your Lion will choose a fellow Lion and identify one good thing about him/her. Consider calling or video chatting to tell the Lion the good thing about him/her.
Instruction for Activity 4	N/A
Additional Requirements needed to complete the Adventure (These requirements will not be on the Virtual Cub Scout Video):	Requirements 1 and 2. Have your Lion discuss with the other Lions things that can be built and things that can be knocked down. Have your Lion

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	discuss with the other Lions how they and their fellow Lions can be built up and knocked down, not just physically but also emotionally.
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